



TOURNAMENT REGISTRATION

I, _____ (adult or the parent on behalf of a minor competitor), hereby enter into this agreement with Challenge Martial Arts, ("CMA") for myself and/or my child(ren) ("Competitor") to participate in the Kenai Peninsula Open Martial Arts Tournament.

By signing below, I acknowledge that I have read and will abide by all of the documents referenced below. (Please check them off on this list.)

- ☐ I have read the attached studio guidelines.
- ☐ I have read the attached safety rules.
- ☐ I have read, initialed and signed the attached medical & photo release form & liability waiver.
- ☐ If signing as parent or legal guardian, I will review the studio rules & safety guidelines with the minor Competitor(s).

Signature of Competitor (or parent/legal guardian)

Date

Phone Number: _____ e-mail: _____

Can this number receive text messages? (circle) Y / N

Mailing Address: _____

COMPETITOR NAME	GUP LEVEL (10-1) or DAN	COMPETITOR AGE	Events (checkmark each to enter)
			☐ Open-hand forms ☐ Weapons forms ☐ Sparring
			☐ Open-hand forms ☐ Weapons forms ☐ Sparring
			☐ Open-hand forms ☐ Weapons forms ☐ Sparring
			☐ Open-hand forms ☐ Weapons forms ☐ Sparring
			☐ Open-hand forms ☐ Weapons forms ☐ Sparring

Gup level is a 10-gup system where white belt is gup 10 and last gup level before Black Belt Recommended is gup 1.



Studio Guidelines

1. Read and follow all Safety Rules (listed separately).
2. As a gesture of respect, bow upon stepping onto the Training Floor.
3. Children who are not CMA students and noncompetitors are not to be on the Training Floor without the express permission of the staff. The same is true for pets.
4. Shoes are not permitted beyond the spectator area. An exception is a pair of dedicated “mat shoes/slippers” that are only worn on the Floor and in the studio.
5. Behave at all times like ladies and gentlemen. This especially applies to the changing room, bathroom, and lounge areas.
6. Maintain a respectful attitude at all times, behaving with respect toward the property and surroundings of the studio as well as towards the belongings of Instructors and other Competitors.
7. Profanity will not be tolerated; this includes using the Lord’s Name in vain.
8. Refrain from criticizing the religious and personal beliefs of others.
9. No loitering is permitted outside of the competition area.
10. Smoking is not permitted in or near the competition area.
11. No violent or obscene video games, music, videos, etc. are allowed in the competition area.
12. Do not provoke violence. Martial Arts skills are intended for supervised sport activities and self-defense, not for aggression or showing off.
13. Do not spar without the express direction of the event staff.
14. Wear protective gear when sparring; a helmet and face shield are required. Groin protection is strongly recommended for male students.
15. When sparring, follow sparring safety rules at all times. Overly forceful strikes or strikes to forbidden areas will not be tolerated and may lead to disqualification.
16. No alcohol, marijuana, or illegal drugs will be taken before coming to the competition, nor will alcohol, marijuana, or illegal drugs be brought to the competition area. Any Competitors found in violation of this rule will be reported and is subject to immediate dismissal.
17. Competitors must advise the staff of any health issues that may be relevant to competing. Minor Students will also provide this in writing from a parent or guardian regarding these issues.
18. Proper attire and personal cleanliness is required. Take measures to reduce offensive body odors and keep uniforms, gear, weapons, and other equipment clean.
19. No watches, earrings, finger rings, toe rings, necklaces, nor any other jewelry is allowed during competition unless approved by event staff. Exception to this is a wedding band or engagement ring.
20. Audience members, including parents, should encourage and cheer for the Competitors. They may not harass or instruct Competitors, catcall opponents, or disrupt class in general.
21. Failure to comply with these rules, whether by the Competitor or by his/her family and friends, may result in dismissal from the tournament. Dismissal decisions are solely up to the studio’s owners.



Safety Rules

The safety of Competitors, spectators, and others is important to Challenge Martial Arts. Competitors and parents must recognize that Martial Arts is a high impact, full contact sport that does result in injuries. It is our goal to minimize the potential for and the severity of such injuries. To this end, we require all Competitors and parents to read these Safety Rules and to follow them.

1. Listen to and follow all instructions and guidelines provided by event staff and higher rank belts. Do not hesitate to ask questions.
2. A competitor must compete at the highest belt level they have earned in their martial arts study.
3. Never use a technique or a weapon that you have not been trained on.
4. Always maintain control over weapons of any kind, including hands and feet.
5. Horse play is not allowed anywhere in the studio, including on the Training Mats.
6. No watches, earrings, finger rings, toe rings, necklaces, nor any other jewelry is allowed during training unless approved by the event staff.
7. Sparring rules:
 - a. Exercise self-control at all times. Be aware that frustration and adrenaline can run high when sparring but is not an excuse for the use of too much force, aggression, or other dangerous behavior. Excessive contact is strictly forbidden and will lead to disqualification.
 - b. Punching to the head is not permitted.
 - c. Strikes to the neck, back, groin, and legs are not permitted.
 - d. Take-downs and sweeps are not permitted.
 - e. Wear protective gear when sparring
 - i. a helmet with face shield, hand and foot pads and chest protection are required
 - ii. groin protection is required for male Competitors during formal competitions
 - iii. a mouth guard is required for all Competitors during formal competitions
8. Always stretch and warm up adequately before engaging in strenuous activities.
9. Be well-hydrated when you arrive for competition and maintain hydration throughout training.
10. Do not enter Challenge Martial Arts' studio if you have a transmittable illness or communicable disease that may put other students at risk.
11. Let the staff know of any health issues, whether chronic or temporary. Do not compete if an injury or condition may cause further harm.
12. Immediately notify the staff of any injury during competition; this includes minor injuries.
13. Parents must refrain from sideline coaching; this can be confusing, distracting, and potentially harmful. If a parent has a concern about their child's performance, they should address it respectfully with the staff.
14. Failure to comply with these rules, whether by the Competitor or his/her family and friends, may result in dismissal from competition. Dismissal decisions are solely up to the event staff.



Waiver of Liability and Indemnity Agreement and

Medical & Photo/Video Release

(Read Carefully Before Signing)

In consideration of being permitted to participate in any way in the Challenge Martial Arts (further referred to in this contract as CMA) classes, events, and/or activities, as well as of being permitted to use the CMA facilities, I (the Student named below) or on behalf of a minor Student(s) (named below) as his/her/their parent and/or legal guardian, agree that:

1. I recognize that Martial Arts is a risky activity, which said risks cannot be fully listed or anticipated, but include the following:
 - a. bodily injuries such as abrasions, bruises, bleeding, broken bones or cartilage, other tissue or organ damage, paralysis, disability, and death;
 - b. emotional or psychological injuries such as stress, frustration, anger, etc.;
 - c. property damage to clothing, jewelry, and anything in the vicinity of Martial Arts activities.
2. there may be risks that are not known to us or are not reasonably foreseeable at this time.
3. the social and economic damage and/or losses due to the aforementioned risks may be severe, and that we assume such risks and responsibility for the losses and/or damages following such injuries, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of CMA, its owners, instructors, contractors, other students, audience members, and others present at the facility or other venues.
4. I recognize that Martial Arts is a physical activity and contact sport that often entails physical contact both between students and between instructors and students for the purposes of practice, training, and correction. This may take the form of sparring, hands-on repositioning of the body, checks, and other appropriate and necessary actions inherent to the domain of Martial Arts. Students and parents are encouraged to inform instructors in advance or immediately upon the occurrence of such contact if they object to such contact. It is also understood that the CMA training floor and other areas of the studio are under constant video surveillance to safeguard against and verify claims of any inappropriate physical activities.
5. the Martial Arts learned at CMA have the potential to inflict injury on others, including, but not limited to
 - a. bodily injuries such as abrasions, bruises, bleeding, broken bones or cartilage, other tissue or organ damage, paralysis, disability, and death;
 - b. emotional or psychological injuries such as stress, frustration, anger, etc.;
 - c. property damage to clothing, jewelry, and anything in the vicinity of Martial Arts activities.
6. I (or Student(s)) am not authorized by CMA, its owners, instructors, officers, other students, or any other CMA agents, to use any of the Martial Arts fighting or defense techniques taught at CMA against any other person, in any circumstances other than
 - a. Martial Arts training, matches, exhibitions, or demonstrations for which I/Student(s) and the CMA instructors agree that I/Student(s) are sufficiently qualified and capable of participating
 - b. or in self-defense or defense of others in a situation that involves the risk of imminent physical injury or death.
7. I understand that safety is best maintained by my alertness and following the rules and safety guidelines provided by CMA; furthermore, I will follow such rules and guidelines, whether those provided in written or verbal format, and will endeavor to use common sense at all times.
8. I (or Student(s)) am capable of exercising normal common sense, and that if I (or Student(s)) am not so capable, I will inform and discuss this with the instructor.
9. I (or Student(s)) will not enter the CMA premises or participate in CMA activities under the influence of impairing alcohol or drugs (whether legal or illegal).
10. I will not behave in ways that endanger myself or others on the CMA premises or at CMA activities.
11. I(or Student(s)) am medically cleared for Martial Arts activities and am in a state of physical condition, with no disease, injury, or other condition that would impair my performance or physical and mental well-being during intense training practice and/or competition.
12. such injuries as are listed in #1 & #6 may not only result from intentional actions, but also from inadvertent, negligent, or reckless action, by the Student or others, including the malfunction or failure of any of the equipment or facilities (such as pads, gear, punching bags, mats, mirrors, etc.) and that I agree to inspect and/or consider the facilities, equipment and pairings prior to participation. I will immediately inform an instructor if I believe that anything is unsafe or beyond my (or Students') capability and DECLINE TO PARTICIPATE.
13. I acknowledge that INJURIES RECEIVED MAY BE COMPOUNDED OR INCREASED BY NEGLIGENT RESCUE OPERATIONS OR PROCEDURES OF MEDICAL PERSONNEL, CMA PERSONNEL, CMA STUDENTS, OR OTHER INVOLVED PARTIES AS WELL AS BY MY (OR STUDENTS') FAILURE TO FOLLOW INSTRUCTIONS OR SEEK AFTER CARE.
14. CMA, its instructors and/or other students present, may seek medical aid on behalf of the Student(s) named herein in the case of injury and that I grant such medical assistants as paramedics, doctors, nurses, or other emergency medical personnel to provide medical assistance or treatment for injuries.

15. I accept full responsibility for any necessary or related expenses as the result of the rendering or failure to render and/or my (or Students') acceptance or failure to accept any medical aid, medical care, hospitalization, and/or any other assistance deemed necessary for my (or Students') proper care and well-being.
16. I hereby permit the release, without compensation or right to inspect or approve, to use photographs, photographic likeness, recorded voice, and/or videos of myself (or Student(s)) for promotional purposes including publications, posters, flyers, brochures, printed and electronic ads or electronic media, including such venues as the CMA website and FaceBook page, as well as any additional media outlets that CMA may make use of. I also agree that CMA has no control over photos or videos taken by you, other parents, family, friends or anyone in the general public from being posted in public forums or social media, and agree to hold CMA harmless of any damages arising there from.
17. I HEREBY RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE CMA, the Martial Arts facility, including its owners, instructors, volunteers, managers, promoters, lessees and lessors of the premises used to conduct the Martial Arts events or programs, premises and event inspectors, underwriters, consultants and others who give recommendations, directions, or instructions to engage in risk evaluation or loss control activities regarding the Martial Arts facility or events held at such facility and each of the undersigned, my/our personal representatives, assigns, executors, heirs and next of kin for any and all claims, demands, losses or damages and any claims or demands therefore on account of any injury, including but not limited to the death or disability of the participant ([REDACTED] initial here), the injury or death of others, or damage to property, arising from any of the activities of CMA caused, or alleged to be caused in whole, or in part, by the negligence of CMA or otherwise.
18. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the State in which the event/activities are conducted and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.
19. on behalf of the participant and individually, the undersigned parent(s) and/or legal guardian(s) for the minor Student executes this waiver and release. If, despite the release, the Student makes a claim against any of the Releasees, the parent(s) and/or legal guardian(s) will reimburse the Releasees for any money which they have paid to the participant, or on his/her behalf, and hold them harmless.
20. having read this release and waiver thoroughly, I voluntarily enter (or place the minor for whom I am the parent or legal guardian into) Martial Arts training and/or competition of my own free will.

I HAVE READ THIS RELEASE, WAIVER OF LIABILITY, AND INDEMNITY AND HAVE FULLY INFORMED MYSELF OF ITS LEGAL CONSEQUENCES AND UNDERSTAND ITS TERMS, AS WELL AS THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

Signature of Student or Parent or Legal Guardian if Student under 18

Date

Printed name of above signer

Printed name of Student (if Student under 18)

Printed name of Student (if Student under 18)

Printed name of Student (if Student under 18)

Printed name of Student (if Student under 18)

Printed name of Student (if Student under 18)

Printed name of Student (if Student under 18)